

EXECUTIVE COACHING

WHAT IS EXECUTIVE COACHING?

Walking alongside a leader by partnering with them in a thought-provoking and creative process that inspires the leader to maximize their personal and professional potential.

Leaders are becoming more familiar with the benefits of a trusted, long-standing professional coach as they strive to adapt to swirling change at a much greater rate while still responding to high expectations for performance.

Coaching involves careful listening to a leader with the coach asking insightful questions at the right time. Coaches help leaders understand themselves so they can more effectively meet their own goals and communicate with others. A skilled coach helps clients learn how to adapt to behavioral preferences, values, and personalities of those around them. Think of a coach as a trustworthy partner who creates a safe space for you to grab onto your creative, resourceful, and whole nature. This empowers you for greater effectiveness while experiencing the accountability that moves goals forward.

WHY CONSIDER EXECUTIVE COACHING?

- Improved communication skills
- Increased self-esteem/self-confidence
- Increased productivity
- Optimized individual/teamwork performance
- Improved work/life flow
- Increased well-being
- Improved business management strategies
- Expanded professional career opportunities
- Accelerated on-boarding into a new professional role
- Accountability partner to help you reach your goals

Professional coaching focuses on setting goals, creating outcomes, and managing personal change. As coaches, we utilize a co-active process that develops a collaborative relationship, an alliance, between two equals for the purpose of meeting the client's leadership goals. This practice has been found to be a highly effective strategy for leaders to improve their self-fulfillment and advance their transformational influence in their organization.



DAWN GRABER

SENIOR CONSULTANT & EXECUTIVE COACH

HOW DOES COACHING WORK?

Committed to Helping You Grow

As your coach, I will be committed to work beside you to help you move forward, remove obstacles, and discover your solutions to reach your goals.

Personalized for You

In each case, as with all our clients, the coaching work is defined, with the client, according to their specific context and intention and where desired outcomes happen by learning together. This same approach has us working with sixty-plus client organizations in any given month, co-learning alongside clients to improve governance, fix a capital campaign gone awry, providing whole-person support for executive leadership, facilitating a host of complex decision-making scenarios, and other familiar organizational and leadership challenges.

Support for Your Team

Investing in your team and strengthening collaborative relationships is vital as a leader. In addition to individual coaching, we also can jump in and facilitate Team or Group Coaching.

Certified & Experienced

As an International Coaching Federation (ICF) Professional Certified Coach (PCC) I have supported many leaders and their organizations. My partnership with Design Group International provides continued learning and collaborative opportunities with the other organizational partners.



MY COACHING COMMITMENT TO YOU:

- To celebrate...*your giftedness and commitment to your teams and mission.
 - To prepare...*for each conversation by reentering your world and reviewing past notes and goals.
 - To interact...*with a mindset of listening deeply.
 - To be honest...*as a companion engaging you with questions and observations testing how you view where your actions coalesce with your desires.
 - To explore...*adjustments and tools as you regain course for your next moves.
- Together, we will uncover your blind spots and find your unique self-determination to set upon your chosen action steps to reach your goals.*

LET'S CONNECT AND EXPLORE HOW
COACHING CAN HELP YOU SOAR.

Send me an email: dawnyg@designgroupintl.com