

# Depth Perception

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## Staying Sane!



We welcome [Walter Sawatzky](#) as our newest Senior Consultant, specializing in executive coaching, working especially with executives in transition.

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In this season where spouses attempt to block their partners from voting in recall elections that no longer resemble the real reason for the recall in the first place (i.e. Wisconsin governor's race); In this time of national elections where millions will be spent to spin the opponent as a near criminal not worthy of forgiveness; In this moment where the citizens and courts of this country are deciding whether marriage requires the physiology for reproduction; And during these years of increasing polarization embodied by tea partiers and occupiers who see all other alternatives as the enemy---here are a few resolutions to which I commit myself and invite others to consider:

- I will not speak or act hatefully toward other people—even if they choose to speak or act hatefully toward me. I choose to act as a free person and not go there.
- I remain free to show love and neighborliness and will continue to do so even if others try to make it difficult.
- I will not debate issues within a polarized framework. Even if others deny the complexity that accompanies all great issues, I don't have to contribute to the problem.
- I will remain committed to finding new approaches at forging common ground. To do anything less is to surrender to chaos.
- I will remain in the posture of a student, cultivating my awareness that I cannot know everything about everything, and confident that blowhards don't either.

I want to be sane and cultivate sanity in the middle of what feels like growing mania. Our children and theirs ask it of us.

[-mark I vincent](#)  
CEO/Senior Design Partner

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